

KNOW *Your* CHICAGO

2023 Tours & Symposium



Exploring Chicago for 73 Years

The Know Your Chicago Committee takes great pride in welcoming you to our 74th season of civic engagement with the Chicago community.

This year, our amazing season offers in-person tours, presentations, and events in addition to our fan-favorite symposium at The Union League Club of Chicago. We are once again pleased to partner with distinguished organizations and neighborhoods across the city to:

- Discover the artist community of Ragdale in Lake Forest
- Tour Chicago monuments to learn about their history and future
- Be introduced to The 78, which will be Chicago's incredible 78th neighborhood
- Learn about the brain and how to keep it healthy as we age

Notable speakers will introduce these four topics, providing high-level, expert overviews to further orient and excite you for our upcoming Tours and more at our Symposium on Wednesday, September 13. This year, the Symposium is again being held in the lovely Lincoln Ballroom at the Union League Club of Chicago, conveniently located at 65 West Jackson Boulevard.

Registration for our 2023 season begins on July 24. Welcome to our exciting 74th season! It'll be wonderful to see you in person. In the meantime, we hope you have a happy and healthy summer.

With best wishes,

Linda Woloshin, Chair
Know Your Chicago

Our Partner



The University of Chicago Graham School has provided diverse educational programs for adults since the University's founding in 1890. The partnership with Know Your Chicago is an example of its dedication to continuing education programs and civic awareness.

Learn more at graham.uchicago.edu.

2023 Schedule

Know Your Chicago 2023 Symposium—9/13/23

Light breakfast and plated lunch will be served

TOUR 1 Monumental Decisions: Statues from the Past—9/21/23

TOUR 2 Ragdale: Where Artists Come to Create on a Country Estate—9/27/23 or 9/28/23

EVENT 1 The 78: A Dynamic New Neighborhood Debuts—10/5/23

EVENT 2 Brain Health: Innovation, Inspiration, and Hope—10/11/23

History

Founded in 1948 by Mary Ward Wolkonsky, Know Your Chicago seeks to provide Chicagoans with insight into the forces and institutions that shape our city so that we might be more active and engaged citizens. Over its long history, Know Your Chicago has enabled thousands to experience the unique, the serious, the humorous, the beautiful, and often the little-known aspects of this wonderful city.

The University of Chicago Graham School has provided diverse educational programs for adults since the University's founding in 1890. The long-standing partnership with Know Your Chicago is an example of its dedication to continuing education programs and civic awareness.

Know Your Chicago Committee

All Know Your Chicago programming is researched, planned, and implemented by the Know Your Chicago committee with the support of the University of Chicago Graham School. Please join us in thanking the 2022 Know Your Chicago Committee Members.

Linda Woloshin, Chair

*Indicates Former Chair

Susan S. Aaron

Maureen S. Hartigan

Pamela Sheffield *

Duffie A. Adelson

Kyle Harvey

Patricia A. Sikorovsky *

Betsy Ahearne

Marian S. Jacobson

Elizabeth Sonnenschein *

Joan Blew

Donna LaPietra

Isabel C. Stewart

Judith S. Block *

Susan Clark McBride

Jeannette P. Tamayo

Linda Pike Celesia

Judith Paine McBrien

Joan von Leesen

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Nancy McCracken

Deirdre Von Moltke

Gay-Young Cho *

Gail McGuinness

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Kitty Freidheim *

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Founder

Mary Galvin

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Mary Ward Wolkonsky

Louise Glasser

Susan Schotz

Laurie Hammel

Carol M. Schulz



Monumental Decisions: Statues from the Past

A statue of King George III was pulled down in July of 1776 by Colonial rebels. Christopher Columbus' statue was removed from Grant Park in 2020. As long as monuments have existed, some have caused dissent.

Following the protests of 2020, the mayor appointed the Chicago Monuments Project (CMP) to examine the issues. Among others, the CMP questioned whether these weighty installations commemorate, educate, celebrate, or inspire? Or do they now offend and cause pain? What do you think about our Christopher Columbus and Native American warrior statues, Mussolini's Balbo column, or others among the array of monuments scattered across the urban landscape?

Tour One

September 21

Tour is 8:30 a.m.-2:00 p.m.
or 10:00 a.m.-2:00 p.m.

Lunch included

Option 1: 8:30 a.m. — Meet for bus
Meet at 550 W Adams Street;
moderate walking

Option 2: 10:00 a.m. — Meet at museum
Meet at entrance of Chicago History
Museum, 1601 N Clark Street

This tour takes a hard look at a complex topic. To better understand it, we will:

Begin the day with a narrated bus ride introducing us to some of our important monuments, followed by a short walk to view some of them up close.

Gather at the Chicago History Museum to hear perspectives from experts in history, preservation, and art. These individuals will examine issues such as the purpose of monuments and their power to inspire unity ... as well as what happens when times and perspectives change.

Listen to a panel discussion including members of the Chicago Monuments Project to further explore the roles of stakeholders in deciding the fate of the most controversial monuments. Keep them, melt them, store them, or reinterpret them? Just as important, how should we think about honoring future leaders and events? Our experts will help us address the issues with a sense of humility and historic perspective.

Lunch will be served at the Chicago History Museum. Join us and challenge yourself to learn, reflect, and make some “monumental decisions” on this important subject!



Ragdale: Where Artists Come to Create on a Country Estate

Did you know? Located just an hour north of Chicago lies one of the largest and liveliest residential communities for artists in the entire country, Ragdale. Each year, the Ragdale Foundation hosts more than 150 artists from around the world who receive space and support surrounded by beauty.

Ragdale began as a spacious, comfy Arts and Crafts summer home designed in the late nineteenth century in then-rural Lake Forest by noted Chicago architect Howard Van Doren Shaw for his family. In 1976, Shaw descendent Alice Hayes, a poet and social activist, created the Ragdale Foundation, transforming her family's retreat into an inclusive nonprofit space for artists of all disciplines. Today, in addition to the landmark-worthy Main House, Ragdale also includes a seven-acre campus with

numerous outdoor performance spaces, various outbuildings, and a rambling Barn House with offices and meeting rooms – all overlooking 50 acres of magnificent Midwestern virgin Prairie.

Recent dramatic developments showcase Ragdale's continuing evolution. On our tour, we will:

- Walk through the newly acquired Shaw family property that makes possible more artist housing
- Explore a state-of-the-art Dance and Music Studio
- See firsthand how Ragdale's historic landscape and gardens are being restored
- Learn about Ragdale's robust community outreach efforts such as Ragdale in Schools, the international Ragdale Ring architectural competition, and Ragdale Retreats
- Enjoy a special performance created just for us

Ragdale is rarely available for such an in-depth tour because artists are typically on campus every day. You won't want to miss this chance to nourish your own creative spirit at Ragdale!

Tour Two

September 27 or September 28
8:30 a.m. – 3:00 p.m.

Moderate walking; some paths are "uneven"

Note: Lunch will be served outdoors in nice weather or in one of the many wonderful buildings. Bus transport provided with a north suburban pick-up/return option at Old Orchard Shopping Center.



The 78 – A Dynamic New Neighborhood Debuts

Emerging on vacant land that once served shipping and rail activities, The 78 becomes Chicago's newest neighborhood, adding to the existing 77. Extending a half-mile on the Chicago River's South Branch, this 62-acre site is bounded by Roosevelt Road, Clark Street, 15th Street, and the River. Visionary and unique, The 78 will offer handsome new residences, commercial enterprises, an academic, research and technology hub, cultural events, expansive parks, open space amenities, and transformative riverfront design.

The 78 will be a stimulating destination in the heart of the city in which to reside, work, study, research, recreate, tour, and explore. Cutting-edge infrastructure of road, rail, river, and pedestrian routes will benefit access to the historic neighborhoods of

Chinatown, Pilsen, Little Italy, Bronzeville, and Bridgeport, better connecting them to the Loop and South Loop.

Join us for a congenial evening reception at the Union League Club of Chicago featuring a panel of experts, including leaders from Related Midwest and Discovery Partners Institute. The panel will discuss the district's history, The 78's master plan by Skidmore, Owings & Merrill, and the design process, infrastructure, development, financing, and economic development.

Discovery Partners Institute, led by the University of Illinois System, anchors the Innovation District of The 78. Its stunning structure, designed by collaborating architecture firms OMA and Jacobs, is scheduled to break ground in 2024. Top regional, national, and international research universities and Argonne National Laboratory, in conjunction with public and private sources, are collaborating to attract, educate, and retain talent in Illinois. Welcome to a front row seat of this ambitious 20 to 30-year project, destined to enhance the way the world thinks about Chicago.

Event One

Thursday, October 5

5:30 p.m.— cocktail reception

6:00 p.m.— program

The Union League Club of Chicago
65 W Jackson Boulevard



Brain Health: Innovation, Inspiration, and Hope

“The brain can be continuously and consistently enriched throughout your life no matter your age or access to resources. As a primer, here are the five pillars of health: Move, Discover, Relax, Nourish, Connect.”

—Sanjay Gupta, MD, neurosurgeon, CNN’s chief medical correspondent, and author of many books, including “Keep Sharp: Build a Better Brain at Any Age”.

Event Two

October 11
10:00 a.m.–3:00 p.m.

Lunch included

The Arts Club
201 East Ontario, Chicago

No walking required

Participants are asked to meet at The Arts Club. Valet parking available for \$20.

Exciting new scientific data confirms that specific, simple life choices contribute to brain health. For those with brain disorder diagnoses, there is significant promise. More good news – Chicago is an epicenter for research, treatments, trials, and programs designed for people interested in strengthening their brain and addressing brain disorders.

We will:

- Hear from researchers about innovative clinical trials that are presenting promising results and hope for the future.
- Observe the human brain, its anatomy, and its variances.
- Gain insight into diet, exercise, and activities that strengthen the brain both short and long-term.
- Learn about early detection, treatment, and prevention of brain disorders.
- Be inspired by the benefits of music for enriching brain health.
- Understand approaches to caregiving and available resources for caregivers and those in need of care.

Join us for a day that will provide tools for prevention, treatment, and hope for the future of brain health.



2023 Symposium at the Union League Club of Chicago's Lincoln Ballroom

ENHANCING TOUR ONE:

MONUMENTAL DECISIONS: STATUES FROM THE PAST



Chicago: As Told Through Four Monuments

Professor Adam Green, PhD
University of Chicago

ENHANCING TOUR TWO:

RAGDALE: WHERE ARTISTS COME TO CREATE ON A COUNTRY ESTATE



Ragdale: A Look Into Artist Residencies and the Creative Process

Michael Cleavenger
Ragdale Executive Director
Regin Igloria
Artistic Director for the Ragdale Foundation



ENHANCING EVENT ONE

THE 78 – A DYNAMIC NEW NEIGHBORHOOD DEBUTS



The Future of Cities

Carol Ross Barney,
FAIA, HASLA

ENHANCING EVENT TWO

BRAIN HEALTH: INNOVATION, INSPIRATION, AND HOPE

Alzheimer's disease.



At long last: Bench Discoveries translate to Bedside therapies

Sangram S. Sisodia, Ph.D.
Thomas Reynolds Sr. Family Professor of Neurosciences
Director, Center for Molecular Neurobiology
Departments of Neurobiology and Neurology
The University of Chicago

Featured Speaker

THE FUTURE OF JOURNALISM IN CHICAGO AND BEYOND, AND THE RISE OF THE CHICAGO TEACHERS UNION



Paris Schutz

Paris Schutz is co-anchor and correspondent for "Chicago Tonight" and host of the long-running "Week in Review" program on WTTW PBS Chicago. Schutz has moderated numerous political debates, including races for Chicago mayor, Illinois governor, U.S. Senate, and U.S. Congress. He has established himself as the city's premier source for tough, probing interviews of political figures and newsmakers and has broken political stories that have been picked up by local and national publications, including a deeply reported series on the pay-to-play governance of a former GOP candidate for Illinois governor. He recently exposed Chicago and Cook County's toxic lead paint crisis — revealing that the majority of homes in this region still contain lead paint hazards that pose severe health risks for children. During the first six months of COVID, Schutz reported live from a different Chicago neighborhood or suburb every night, with a specific focus on how the virus and shutdowns were impacting communities of color. He also covered numerous episodes of civil unrest related to the murder of George Floyd, doing first-hand, exclusive reporting on protests that turned to violence, rioting and looting.

Prior to becoming anchor, Schutz served as "Chicago Tonight's" political correspondent, reporting on City Hall, the Illinois State Capitol, the U.S. Congress and national and international public policy. He has reported nationally for the PBS NewsHour, C-SPAN, and NPR's Morning Edition. Schutz has won eight Peter Lisagor Awards, an honor given by the nation's largest chapter of the Society of Professional Journalists. He was also part of the team that won a Chicago/Midwest Emmy award for Best Education Reporting. Schutz began his career at WTTW in 2005 as an intern after graduating Magna Cum Laude from the Newhouse School at Syracuse University. Schutz is also a musician and singer and the composer of Chicago Tonight's theme music. He is a native of Chicago.

Symposium

Wednesday, September 13

Program begins at 9:00 a.m.
Registration begins at 8:00 a.m.
Breakfast & Lunch is included

Panelists

MONUMENTAL DECISIONS: STATUES FROM THE PAST



Julia Bachrach
Historian, Preservationist,
Urban Planner
Author, including *The City
in a Garden: A History of
Chicago's Parks*



John N. Low, PhD
Associate professor, Ohio
State University
Enrolled citizen of
the Pokagon Band of
Potawatomi Indians
Director, Newark Earthworks
Center



Bonnie McDonald
President and CEO,
Landmarks Illinois
Co-Chair, Chicago
Monuments Project



Christine Mehring
Professor of Art History and
the College
University of Chicago



Ernest Wong
Principal, Site Design Group,
Ltd.

THE 78 — A DYNAMIC NEW NEIGHBORHOOD DEBUTS



Curt Bailey
President of Related
Midwest

Bailey directs a diverse portfolio of luxury, market-rate and affordable residential, mixed-use and adaptive re-use properties in Chicago. His vision for the company includes transforming

the landscape of Chicago real estate through market-defining projects in neighborhoods across Chicago, with a focus on delivering architecturally significant design, exceptional planning, and wide-ranging community benefits. Under Bailey's leadership, Related is planning three of Chicago's most anticipated developments: The 78, a 62-acre, mixed-use neighborhood; 400 Lake Shore Drive, a two-tower project on the former Chicago Spire site; and The Row Fulton Market, a luxury residential high rise that will offer 20% affordable housing in the heart of Fulton Market.



Ann Thompson, AIA
Executive Vice President
of Architecture and Design
at Related Midwest

Thompson directs the work of architecture, urban planning, interior design, and engineering for Related Midwest's projects, including The 78, where she leads

the master plan design process with Phil Enquist of SOM. In her role, Thompson champions design excellence among a wide variety of stakeholders, seeks impact through community-led development, and prioritizes equity and inclusion in the built environment. Thompson is a licensed architect in Illinois and serves as the Board Chair of the Chicago Architecture Center. In addition, she is a member of The International Women's Forum, The Chicago Network, The American Institute of Architects, and the Advisory Board for the University of Illinois Urbana Champaign School of Architecture. Thompson received her Master of Architecture from the University of Illinois at Urbana-Champaign.



Bill Jackson

Executive Director of Discovery Partners Institute (DPI)

Jackson is leading the University of Illinois System's tech hub in its mission to make the state's tech industry more equitable and drive innovation through university research. Prior

to DPI, Jackson was a top executive at Johnson Controls and a longtime leader at Booz Allen Hamilton. Jackson holds bachelor's and master's degrees in mechanical engineering from the University of Illinois at Urbana-Champaign and an MBA from the University of Chicago.

BRAIN HEALTH: INNOVATION, INSPIRATION, AND HOPE



Robert Vassar, PhD

Robert Vassar, PhD, is the Davee Professor of Alzheimer Research, Departments of Neurology and Cell and Developmental Biology at the Feinberg School of Medicine, Northwestern University. He is Director of the Mesulam Center for Cognitive

Neurology and Alzheimer's Disease, Scientific Director of the Division of Behavioral Neurology, and Director of the Northwestern Alzheimer's Disease Research Center. Dr. Vassar received his PhD in in 1992 in Molecular Genetics and Cell Biology in the lab of Dr. Elaine Fuchs at the University of Chicago studying transgenic mouse models of human epidermal disease. He then pursued a postdoctoral fellowship in the lab of Dr. Richard Axel at Columbia University, New York, where he investigated the molecular neurobiology of olfaction, work that contributed to the Nobel Prize in Physiology or Medicine in 2004 to Drs. Buck and Axel.

After his postdoc, he joined the biotechnology company Amgen to start a research group to identify novel drug targets for Alzheimer's disease (AD). Using an expression cloning approach, he and his team co-discovered the beta-secretase enzyme, beta-site amyloid precursor protein cleaving enzyme-1 (BACE1) that is essential for generating the Aβ peptide that comprises Alzheimer's disease amyloid plaques. In 2001, Dr. Vassar moved to Northwestern University Feinberg School of Medicine. There, he invented the 5XFAD

transgenic mouse model of Alzheimer's amyloid pathology. He continues to explore genetic, molecular, and cellular mechanisms of Alzheimer's disease with the goal of identifying novel targets for therapeutic development.



Changiz Geula, PhD

Changiz Geula, PhD, is Research Professor of Neuroscience at the Mesulam Center for Cognitive Neurology and Alzheimer's Disease, and Professor of Cell and Developmental Biology, Northwestern University, Feinberg

School of Medicine, Chicago. He assumed this position in November of 2006 following a 20-year tenure at Harvard Medical School, Boston, Massachusetts. Dr. Geula is the Director of the Laboratory for Cognitive and Molecular Morphometry at Northwestern University, Feinberg School of Medicine. He is the Leader of the Research Education Component of the Northwestern University Alzheimer's Disease Research Center (NU-ADRC), with the aim of enhancing the pipeline of professionals dedicated to research and treatment of dementia. He also serves as Co-Principal Investigator on the Northwestern Cognitive SuperAging Project, leads projects aimed at deciphering the contribution of inflammation and specific pathologies to dementias, and acts as Co-Investigator of the Neuropathology Core of the NU-ADRC.

With over four decades of research experience in aging of the human brain and pathobiology of dementias, Dr. Geula has made major contributions to the field. Using multidisciplinary approaches, he has investigated the pathologic causes of multiple dementias, including Alzheimer's disease, frontotemporal lobar degeneration, and primary progressive aphasia. His research has addressed the role of immune cells of the brain and ensuing inflammation in neurodegeneration, potential contribution of normal age-related changes to dementia, and factors that contribute to exceptional memory in old age. His research on the cholinergic system of the basal forebrain contributed to the translational approach targeting this system with pharmaceutical agents that remain among the few therapeutic drugs available for treatment of Alzheimer's disease.



Marilyn Cornelis, PhD

Marilyn Cornelis, PhD is an Associate Professor in Preventive Medicine at Northwestern University's Feinberg School of Medicine. She has received numerous national and international awards. Dr. Cornelis' current research aims to couple modern

high-throughput omic-technologies to traditional clinical and epidemiological methods to enhance biological understanding of how diet and nutrition contributes to chronic disease. She has a special interest in the genetics of coffee consumption, caffeine metabolism, taste preferences, and other dietary behaviors.



Borna Bonakdarpour, MD, FAAN, FANA

Borna Bonakdarpour, MD, is an Associate Professor of Neurology at the Northwestern Mesulam Center and Northwestern Feinberg School of Medicine Department of Neurology. He received his medical degree from Tehran

University of Medical Sciences with a minor in musicology and piano performance followed by neurology residency at The University of Arizona and advanced training in behavioral neurology at Northwestern.

Dr. Borna is the Director of the Laboratory for Interventions and Neuroimaging of Cognition (LINC) and the Northwestern Music and Medicine Program (NMMP), and Deputy Director of Cognitive Neurology Fellowship. His research is focused on neurobiology of language breakdown and treatment of aphasia and the use of music interventions for neurocognitive disorders.



Sandy Siegel Miller, PhD

Co-Founder of Sounds Good Choir, NFP Program Director of the Good Memories Choir

The Rev. Dr. Sandy Siegel Miller is a clinical psychologist who has worked in private practice in the western suburbs for more than 30 years. Her

work with older-adult choirs is a major pivot from

her clinical work with children and adolescents. Miller and her husband, Jonathan, created the Sounds Good Choir organization in early 2016 and added a second program, the Good Memories Choir, for people with early-stage memory loss and their care partners, singing together.

The "keeper of the culture" at Sounds Good Choir, Miller is the guiding spirit of the organization's mission of great singing, joy, and community. She works on all facets of program strategy, pioneered the online sing-along program during the Covid lockdown in 2020, and is excited about the new Spanish-language sing-along that is scheduled to begin in August.

Miller also coordinates a team of neurology researchers studying the impact of choral singing on older adults. She and her co-leader, Borna Bonakdarpour, MD, presented a poster of their first research project at the Alzheimer's Association International Conference in Amsterdam in July and are preparing to launch a pilot study this August.



Eun-Jeong Lee, PhD, CRC, LCPC

Eun-Jeong Lee is Professor of Psychology in the Department of Psychology at Illinois Institute of Technology. Dr. Lee received her PhD in Rehabilitation Psychology from the University of Wisconsin-Madison in 2007. Dr. Lee has

more than 20 years of experience in the area of disability and rehabilitation as a therapist/counselor, researcher and educator. Her publications include more than 50 peer-reviewed articles and book chapters focusing on psychosocial/multicultural issues among people with disability and their caregivers, vocational aspects of disability and various factors contributing to successful outcomes. As PI and co-PI, Dr. Lee led multiple research projects funded by National Institute on Disability, Independent Living, and Rehabilitation Research (NIDILRR), National Institute of Health (NIH), Department of Defense (DOD), and Rehabilitation Services Administration (RSA).

Dr. Lee has also served as an executive board member and the president of section 2 (Women's issues) for APA Division 22 (Rehabilitation Psychology) and National Council on Rehabilitation Education (NCRE) and as an editorial board member for national and international Journals. Currently, Dr. Lee is serving as the first president of Asian Rehabilitation Counseling Society.

Registration

Online registration

Register online, at knowyourchicago.org beginning at 9 a.m. on Monday, July 24.

Register with a friend

Online registration allows you to register groups of five or smaller. Please have your guests' contact information handy if you plan to register for others.

Register by phone

Those without access to online registration may register by phone at 773.702.1731. We try to respond to all registration phone calls within 24 hours.

Tour, Event and Symposium prices

Tickets cost \$110 each per person

Walking grades and tour questions

Please consult the walking grade accompanying each Tour description for an indication of the difficulty of each Tour. Walking shoes are always recommended.

Contact

Know Your Chicago
773.702.1731
fiona3@uchicago.edu

Transportation

Tour transportation

Our Monumental Decisions and Ragdale tours offer transportation options. As in previous years, participants may board a charter bus on the north side of Adams between Clinton and Jefferson. Buses depart promptly at 8:30 a.m. and return by 3:15 p.m. This year, those attending the Monumental Decisions tour have the option of forgoing the bus ride past various monuments to meet at the Chicago History Museum at 10:00 a.m. Those attending the Ragdale tour have the option of meeting at Old Orchard Shopping Center where the KYC bus will stop and pick up participants at approximately 9:30 a.m. Participants will be dropped off at the same location at about 2 p.m. Ticket holders for these two tours will state their preference when registering.

Symposium transportation

On Symposium day, participants go directly to Union League Club of Chicago. Public Transportation to the Union League Club includes:

Buses that pass near the Union League Club

- 144
- 126
- 62
- 22

L Stations near the ULC include:

- Jackson
- Dearborn and Adams
- State and Van Buren
- LaSalle and Van Buren

Parking Near the Union League Club

- South Loop Garage, 318 S. Federal
- 111 W Jackson Blvd Garage
- 300 S State Street Parking
- Buddy's Parking
- 61 W Adams Street Parking
- 111 W Adams Street Parking

Statement of nondiscrimination

In keeping with its long-standing tradition and policies, the University of Chicago considers students, employees, applicants for admission or employment, and those seeking access to programs on the basis of individual merit. The University, therefore, does not discriminate on the basis of race, color, religion, sex, sexual orientation, gender identity, national or ethnic origin, age, disability, or veteran status, and does not discriminate against members of protected classes under the law. The Affirmative Action Office (773.702.5671) is the University official responsible for coordinating the University's adherence to this policy and the related federal, state, and local laws and regulations (including Section 504 or the Rehabilitation Act of 1973, as amended, and the Americans with Disabilities Act).